GASTROENTEROLOGY CONSULTANTS, P.C.

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CLENPIQ FOR YOUR COLONOSCOPY PREP

ient's NameDate of Procedure		re
Procedure START Time	ARRIVAL TIME:	
Place: Georgia Endoscopy Center 3330 Preston Ridge Rd, Ste	(Directions on Back) 200, Alpharetta, GA 30005	

YOU WILL NEED TO PURCHASE CLENPIQ PRESCRIPTION FOR THIS PREP.

Visit www.clenpiq.com for a printable coupon to help with your co-pay cost

DAY BEFORE PROCEDURE:

- 1. CLEAR LIQUIDS ONLY. NO SOLID FOOD. VERY IMPORTANT TO PUSH A LOT OF CLEAR LIQUIDS ALL DAY TO ENSURE PROPER PREP CLEANOUT. There are some suggestions below.
- 2. Starting anytime after 4 p.m., drink one 5.4 oz bottle of Clenpiq. Drink the entire contents within 5 minutes. You can expect MANY bowel movements to start within the next hour.
- 3. Follow with FIVE (5) more 8 oz. containers of water or clear liquid over the next 5 hours before bed at your own pace. This is very important to avoid dehydration.

MORNING OF THE PROCEDURE:

Approximately 5 hours prior to your scheduled procedure time, repeat step 2 drinking the second bottle. Follow with THREE (3) 8 oz. glasses of clear liquid. You should have no more liquid within 4 hours of your procedure start time.

(It is preferred that you take the 2^{nd} dose the morning of the procedure, but if you have a very early arrival time, you can take both doses of Clenpiq the day before: 1^{st} dose should be taken at 4:00 p.m. and 2^{nd} dose should be taken at 10:00 p.m.)

IF YOU FEEL YOUR COST/COPAY FOR PREPOPIK IS TOO HIGH, THERE IS AN ALTERNATE METHOD WE CAN CHANGE YOUR PRESCRIPTION TO THAT IS LESS EXPENSIVE, HOWEVER, IT INVOLVES A LOT MORE TO DRINK

<u>CLEAR LIQUIDS ALLOWED:</u>Water, Gatorade, clear fruit juice, strained soups, bouillon, broth, plain jello, popsicles, Italian ice, sprite, or coke. Coffee and Tea are allowed with sugar, hot or cold, but NO MILK OR CREAMER. No liquid with red or purple dye.

NO SOLID FOODS, MILK OR TOMATO PRODUCTS, OR ORANGE JUICE ALLOWED.

<u>Medications:</u> The day BEFORE the procedure, take your medications as you normally do. The day OF the procedure, we recommend taking the medications AFTER the procedure. Exception: If you are on blood pressure meds, please go ahead & take that medication as early as possible the morning of procedure with a *small* amount of water.

YOU WILL BE SEDATED AND WILL NOT BE ALLOWED TO DRIVE AFTER YOUR EXAM.

PLEASE BE SURE SOMEONE IS WITH YOU TO DRIVE HOME. CALL US WITH ANY QUESTIONS

AT 770-442-5882. Please visit www.asge.org/education-videos/colonvideo1.html for more info.