

GASTROENTEROLOGY CONSULTANTS, P.C.

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CLENPIQ FOR YOUR COLONOSCOPY PREP

Patient's Name _____ Date of Procedure _____

Procedure **START** Time _____ **ARRIVAL TIME:** _____

YOU WILL NEED TO PURCHASE THE CLENPIQ PRESCRIPTION FOR THIS PREP.

Visit www.clenpiq.com for a printable coupon to help with your co-pay cost

If you feel the cost of the Clenpiq is too high please call the office for an alternative solution

DAY BEFORE PROCEDURE:

- CLEAR LIQUIDS ONLY. NO SOLID FOOD. VERY IMPORTANT TO PUSH A LOT OF CLEAR LIQUIDS ALL DAY TO ENSURE PROPER PREP CLEANOUT.** There are some suggestions below.
- Starting at 4 p.m., drink one 5.4 oz bottle of Clenpiq. Drink the entire contents within 5 minutes. You can expect MANY bowel movements to start within the next hour.
- Follow with FIVE (5) more 8 oz. containers of water or clear liquid over the next 5 hours before bed at your own pace. This is very important to avoid dehydration.

MORNING OF THE PROCEDURE:

Approximately 5 hours prior to your scheduled procedure time, repeat step 2 drinking the second bottle. Follow with THREE (3) 8 oz. glasses of clear liquid. You should have no more liquid within 4 hours of your procedure start time.

(It is preferred that you take the 2nd dose the morning of the procedure, but if you have a very early arrival time, you can take both doses of Clenpiq the day before: 1st dose should be taken at 4:00 p.m. and 2nd dose should be taken at 10:00 p.m.)

CLEAR LIQUIDS ALLOWED:

Water, Gatorade, clear fruit juice, bouillon, broth, plain jello, popsicles, Italian ice, sprite, or coke. Coffee and Tea with sugar, hot or cold, but **NO MILK OR CREAMER**. No liquid with red or purple dye.
NO SOLID FOODS, MILK OR TOMATO PRODUCTS, OR ORANGE JUICE ALLOWED.

Medications: The day BEFORE the procedure, take your medications as you normally do. The day OF the procedure, we recommend taking the medications AFTER the procedure. Exception: If you are on blood pressure meds, please go ahead & take that medication as early as possible the morning of procedure with a *small* amount of water.

YOU WILL BE SEDATED AND WILL NOT BE ALLOWED TO DRIVE AFTER YOUR EXAM.
PLEASE BE SURE SOMEONE IS WITH YOU TO DRIVE HOME. CALL US WITH ANY QUESTIONS
AT 770-442-5882.

******NOTHING BY MOUTH THE MORNING OF THE PROCEDURE EXCEPT 2ND DOSE OF CLENPIQ OR MEDICATIONS, AS LISTED ABOVE******