

GASTROENTEROLOGY CONSULTANTS, P.C.

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SUTAB FOR YOUR COLONOSCOPY PREP

Patient's Name _____ Date of Procedure _____

Procedure START Time _____ ARRIVAL TIME: _____

YOU WILL NEED TO PURCHASE SUTAB PRESCRIPTION FOR THIS PREP.

Visit www.sutab.com for a printable coupon to help with your co-pay cost

If you feel your copay is too high, please call the office for an alternative solution

DAY BEFORE PROCEDURE:

1. **CLEAR LIQUID DIET ONLY ALL DAY. NO SOLID FOOD.** There are some suggestions below.
2. Starting at 4 p.m., open 1 bottle of 12 tablets. Fill the provided container with 16 oz. of water. Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.
3. Approximately 1hr after the last tablet is ingested, fill the provided container again with 16 oz. of water, and drink the entire amount over 30 minutes
4. Approximately 30 minutes after finishing the second container of water, drink another 16 oz of water over 30 minutes

MORNING OF THE PROCEDURE:

Approximately 5 to 8 hours prior to your scheduled procedure time, repeat steps 2 to 4 with the second bottle. You should have no more liquid within 4 hours of your procedure start time.

***If you have a very early arrival time, you can take both doses of Sutab the day before:

1st dose should be taken at 4:00 p.m. and 2nd dose should be taken at 10:00 p.m.***

CLEAR LIQUIDS ALLOWED:

Water, Gatorade, clear fruit juice, bouillon, broth, plain jello, popsicles, Italian ice, sprite, or coke. Coffee and Tea with sugar, hot or cold, but NO MILK OR CREAMER. No liquid with red or purple dye. **NO SOLID FOODS, MILK OR TOMATO PRODUCTS, OR ORANGE JUICE ALLOWED.**

Medications: The day BEFORE the procedure, take your medications as you normally do.

The day OF the procedure, we recommend taking the medications AFTER the procedure. Exception: If you are on blood pressure meds, please go ahead & take that medication as early as possible the morning of procedure with a small amount of water.

YOU WILL BE SEDATED AND WILL NOT BE ALLOWED TO DRIVE AFTER YOUR EXAM.

PLEASE BE SURE SOMEONE IS WITH YOU TO DRIVE HOME.

CALL US WITH ANY QUESTIONS AT 770-442-5882.

******NOTHING BY MOUTH THE MORNING OF THE PROCEDURE EXCEPT 2ND DOSE OF SUTAB OR MEDICATIONS, AS LISTED ABOVE******